

In the Claims:

Please amend the claims as set forth in the following Listing of the Claims.

LISTING OF THE CLAIMS

Claims 1-15 (Cancelled)

16. (Previously Presented) An effervescent tablet comprising an effervescent composition comprising:

from 50 mg to 200 mg cranberry seed oil; and  
an effervescent agent comprising an acid and a base,  
said tablet having a hardness of at least 5 kiloponds and disintegrating in water having a temperature of about 22°C in less than 2.5 minutes.

Claims 17-34 (Cancelled)

35.(Previously Presented) An effervescent tablet comprising an effervescent composition comprising:

at least 200 mg cranberry extract comprising cranberry oil;  
an effervescent agent comprising an acid and a base;  
binder; and  
lubricant,  
said tablet disintegrating in water having a temperature of about 22°C in less than 2.5 minutes to form a solution that is free of granules and particles.

36.(Currently Amended) The tablet of claim 35 further comprising a flavoring agent different than the cranberry extract.

37.(Previously Presented) The tablet of claim 35 further comprising a sweetener and a coloring agent.

38.(Previously Presented) The tablet of claim 35 having a hardness of at least 5 Kp.

39.(Previously Presented) The tablet of claim 35 disposed in packaging selected from the group consisting of metal foil pouches, desiccant capped tubes, blister pack, and combinations thereof.

40.(Previously Presented) The tablet of claim 35, wherein the 200 mg cranberry extract comprises from 50 mg to 200 mg cranberry oil.